

**Chrysalis Community
Drug Project CLG**

**Annual Report 2020 for
2019**

CO-ORDINATOR'S INTRODUCTION

Report from Manager

In July 2019 – following from the launch of our ambitious Strategic Plan in 2018 – we expanded our services to the NEIC after we were approached by the HSE to take part in an exciting new development, the Health Inclusion Team, in Summerhill, Dublin 1. We recruited 3 new Case Managers to provide an Addiction Case Management Team to support City Clinic and the NEIC community.

By the end of 2019 Chrysalis CDP ran 2 parallel Addiction Case Management Teams, one based in Dublin 7 and the other one in Dublin 1. Both have been very successful to date – receiving positive feedback from service providers and service users. The statistics provided in the Annual Report reflect the level of work carried out by both teams within the year.

As referrals increased significantly, we recruited a new full-time Case Manager in November 2019 for the Dublin 7 team. By the end of 2019, Chrysalis CDP was comprised of 1 Manager, 1 Team Leader, 1 administrator, 1 Finance and a total of 8 Case Managers covering Dublin North Inner City.

Throughout the year the team took part in various training. The most significant being the HSE Comprehensive Needs Assessment Training, a new tool for Case Managers to assess the needs of service users. We also completed the following training:

- MAPA Training for Trainers/HSE
- Domestic Violence Training for Trainers/Sonas
- Meitheal Training/Tusla
- First Aid Training/ Guardian Safety
- Restorative Practice Training/NWICAN
- Trauma Informed Practice Training/Saol
- Diploma in Supervision/IIICP
- Dual Diagnosis Training/HSE
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As part of our Case Management work, we have developed and strengthened our working relationship with the following sectors: Tusla, Probation, D.C.C, Homeless Services and Addiction Services; in relation to the HSE, we are now working in close partnerships with the Mews, the Thompson Centre, City Clinic and the Health Inclusion Team.

As per our HSE Service Level Agreement, we have continued to comply with all relevant policies including GDPR and financial accounting.

In 2019 we were successful in 3 grants applications; we received funding from the National Lottery to pay for a number of training for Staff, we were able to purchase new furniture thanks to the D.C.C Capital Grant and, developed and launched a new website 'StaySafe, WorkWise' thanks to the Social Innovation Fund.

Overall Chrysalis has made significant progress in expanding geographically and demonstrating that we are an essential addiction service within the North Inner City.

I would like to thank the Board of Management, the funders and most importantly the team for their support and commitment to Chrysalis.

MISSION STATEMENT

Our mission is to deliver a safe, compassionate and quality service to individuals and families living with problem substance use in our local community.

We do this to reduce harm and empower people to live healthier and more fulfilled lives.

VISION

Chrysalis believes that everyone living with problem substance use should be empowered to fulfil their full potential and have access to the same opportunities and rights as others.

SERVICE PROVISION

Chrysalis is a person-centred, harm-reduction service offering a range of therapeutic interventions to individuals and family members in the North Inner City.

Chrysalis can be split into 4 service provision areas:

- Core Project
- Sex Work Project
- Peer Led Initiatives
- Health Inclusion Hub

Chrysalis is currently participating in a COVID-19 Community Support Initiative in CH09, we have been involved in this initiative since March when the outbreak was first dealt with. We have been providing support to individuals who have had to cocoon or self isolate due to health reasons. We are providing medication deliveries and transportation when required. We had been supplying food parcels, phones and top up prior to the restrictions being lifted.

Chrysalis' websites are www.chrysalisdrugproject.org and www.chrysalissexworkproject.ie

CORE PROJECT

- Assessments are carried out with 1-2 weeks for all clients contacting the service.

As part of the Core Project, clients can avail of the following services:

- Case Management is a core element of our work. Case Management is the practise of coordinating and managing the range of services involved in the care of the individual. Each individual will have a personalized care plan. 8 Case Managers are employed in Chrysalis.
- Community Detox Support is an initiative which supports the clients to reduce or stop their use of methadone or benzodiazepines within the community in partnership with their G.P.
- Chrysalis provides free addiction and generic counselling to drug/alcohol users and their families. Currently 8 therapists are volunteering within our service.

SERVICES (CONT'D)

SEX WORK PROJECT

The Sex Work Project is a dedicated service targeting drug using female sex workers.

PEER LED INITIATIVES

Peer Support is central to the development of our services. In the last few years there has been an increase in peer run service provision within Chrysalis. Peer Led Initiatives available are: Recovery Coach, Peer Led Tuesday Social Night and Peer Led Thursday Recovery Evening.

- Recovery Coaches. We currently have 1 recovery coach within Chrysalis. Recovery coaches are mentors who assist and support individuals in early recovery. The recovery coach is a graduate from the Recovery Coaching and Addiction in the Community Diploma/DCU School of Nursing and Human Sciences.
- Peer Led Thursday Recovery Evening. The Evening Recovery takes place every Thursday evening from 6.00 to 8.00pm via Zoom. It is a Peer led evening. The services on offer are Holistics and a Check-in group. It is aimed at drug free service users. The Evening Recovery provides support, enhances well-being and strengthens connectedness amongst individuals in recovery.

Peer led initiatives have had a positive impact on the knowledge, personal and clinical recovery of service users.

HEALTH INCLUSION TEAM

In July 2019 Chrysalis joined the Health Inclusion Team. The team is currently comprised of 4 case managers who all carry caseloads. The service is appointment based although there is sufficient flexibility to allow support to service users in their hostel or in engagement with further treatment providers. The service aims to work with those currently engaged with medical, statutory and community services in the NEIC area including City Clinic on Amiens St, local GPs, pharmacies, Tusla and Probation.

As part of this initiative we will also be engaging with those on the clinic who are being discharged from hospital, residential treatment or released from prison. We are utilising the initial and comprehensive needs assessments currently being piloted by the North Inner City Drug & Alcohol Task Force and developing a structured care plan specific to the service users' needs. This will ensure a consistent approach to case management, putting the service users at the centre of all decisions and will enable better interagency working on behalf of the service user.

SERVICES (CONT'D)

OTHER RESOURCES

Chrysalis also facilitated training sessions to other organisations:

- MAPA Training (x 2) to HSE Staff
- Domestic Violence to Chrysalis and Ana Liffey Staff
- Presentation on Chrysalis Sex Work Project/Criminology Conference/UCC
- Presentation on Sex Work at 'Working it' Conference/University of Limerick
- Session on Sex Work with Saol participants

Chrysalis Website. In 2019 www.chrysalisdrugproject.org received 2002 unique visitors – 69 %from Ireland. We also have a website for sex workers e.g. www.chrysalissexworkproject.ie

PROJECT STATISTICS 2019

Chrysalis CDP's services are facilitated in a wide number of ways to the community.

The main ways are:-

- Assessments
- Keyworking/Care Planning
- Case Management
- Community Detox Support
- Addiction Clinics
- Football Training
- Evening Recovery
- Recovery Coaching
- Addiction and Generic Counselling

The majority of people availing of these services fall in the catchment of the NICDATF, a small amount coming from outside the area.

In 2019 we had 294 referrals to Chrysalis, 488 clients attended. A total 3,875 sessions were recorded across all of the individual services provided by Chrysalis. 1937 people attended 181 group activities.

The main services attended were:-

Activity	Sum of Attended	Attendees
Case Management	1,303	188
Key Working	1,124	156
Addiction Counselling	57	12
General Counselling	718	61

In order to properly service our clients Chrysalis staff, volunteers and peer workers continue to invest considerable amount of time into their wellbeing.

Annual Report on Assessment

Filtered By

Show: All activities

Show: Open & Completed Activities

Show: Events

Date Field: Date equals Previous CY (01/01/2019 to 31/12/2019)

Subject contains Assessment

Date ↑	Sum of Unique Count
January 2019	20
February 2019	18
March 2019	21
April 2019	24
May 2019	28
June 2019	32
July 2019	23
August 2019	36
September 2019	34
October 2019	41
November 2019	19
December 2019	13
Total	268

Breakdown on Presenting Issues this year

Filtered By

Show: All organisations

Date Field: Date of Contact equals Previous CY (01/01/2019 to 31/12/2019)

Primary Presenting Issue not equal to

4. Gender ↑	Primary Presenting Issue ↓	Average AGE	Record Count
Male	Drugs	40	77
	Alcohol	39	15
	Relapse Prevention	35	11
	Mental Health/ Wellbeing	45	9
	Accommodation	35	2
	Social Supports	56	1
	Education and Training	45	1
	Family & Relationships	27	1
	General Health	53	1
Subtotal		40	118
Female	Drugs	38	43
	Relapse Prevention	35	6
	Mental Health/ Wellbeing	39	5
	Alcohol	58	4
	Financial Issues	40	2
	Accommodation	39	2
	Family & Relationships	46	2
	General Health	38	2
Subtotal		39	66
Total		39	184

Annual Reports on Clients

Filtered By

Show: All attendances

Date Field: Attendance Date equals Previous CY (01/01/2019 to 31/12/2019)

Client: Contact Record Type equals Client

Chrysalis Service equals Drug and Alcohol

	Client: 4. Gender ↑	Age Categories ↑	Sum of Client	
	Male	15-25 years old	7	
		25-44 years old	106	
		45-64 years old	42	
		65+ years old	201	
	Subtotal			356
	Female	15-25 years old	3	
		25-44 years old	57	
		45-64 years old	14	
		65+ years old	58	
	Subtotal			132
Total number of clients			488	

FINANCIAL REPORT

Results for the Year Ended 31st December 2019

The main funder this year as with previous years is the Health Service Executive (HSE). Grants received in 2019 were €353,768 an increase on 2018 €274,800 due to the addition of the Hub.

Income for 2019 totalled €385,400, an increase on 2018 (€283,456). Total resources expended amounted to €360,027 (2018: €260,960).

The following is an excerpt from our audited accounts 2019:

Incoming Resources:	€	€
HSE	353,768	
Other	31,632	
Total Incoming Resources:		385,400
Resources Expended:		
Expenditure	360,027	
Total Resources Expended		360,027
Surplus		25,373

Chrysalis had a surplus of **€25,373 (2018: €22,496)**, this was mostly due to the efficient use of resources, where expenditure was monitored and reviewed. There was additional funding received in relation to the Hub which relates to 2019, it was not used due to the start date being pushed forward. This will be absorbed in 2020 when dates are confirmed for the future of this project. There was also a revision of proposed expenditure after year end.